

- KEITH KNOOP YOUTH FOOTBALL
CAMP AND BURBANK VIKINGS

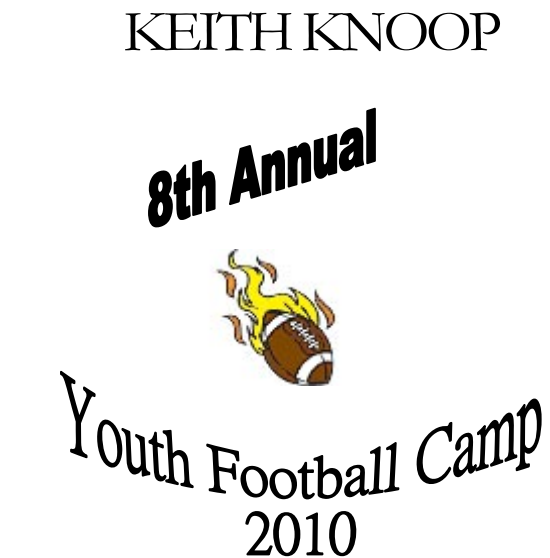
Waiver and Release agreement

I hereby authorize the directors of the Keith Knoop Youth Football Camp to act for me in accordance with their best judgment in case of an emergency. I have read and understand the activities said child will participate in. I hereby waive, release and discharge any and all claims for damages of personal injury, death or property damage which may incur or which may hereafter accrue to me as a result of said child's participation in this camp. The release is intended to discharge in advance any agents from any and all liability arising out of or connected in any way with participation in any said activity even though that liability may arise out of negligence or carelessness on the part of mentioned agents. It is understood that this activity involves an element of risk and danger of accidents. Knowing these risks I, hereby, assume those risks. It is further agreed that this waiver, release and assumption of risk is to be binding on my heirs and assignees. I agree to indemnify and to hold the above agents free and harmless from any loss, liability, damage cost or expense which they may incur as the result of death or any injury or property damage that said child may sustain while participating in said activity.

Print Name:

Parent signature

Date _____



KEITH KNOOP
8TH ANNUAL
YOUTH
FOOTBALL
CAMP

OPEN TO ALL, AGES 5 TO 17 YEARS

SKILLS AND DRILLS

(NON-CONTACT)

Fun competition and flag games

Great for Viking Pre-Camp or

Park flag league

Viking Coaches welcome



MONDAY JULY 12TH
THRU
THURSDAY JULY 15TH 2010

JBHS BASEBALL FIELD
8 am – 12:00 DAILY



Photo provided by Frank Staskiewicz, Jr.

CAMP INCLUDES

CAMP TEE SHIRT

LUNCH

INSURANCE FOR CAMP ONLY

COACHING

AND EQUIPMENT.

FOR INFORMATION PLEASE

CALL KEITH KNOOP.

AT 818-355-0665

More info: go to

www.burbankvikings.com

click on youth football camp

Mission Statement

Our goal is to introduce or improve on basic football skills with innovative, up to date coaching techniques taught at all the football coaching clinics. Our staff will implement a positive non-contact environment to learn all skills necessary for; Lineman, both offensive and defensive, running backs, quarterbacks, wide receivers, linebackers and defensive backs. The camp will encourage individual, team and sportsmanship concepts in the game of football.

Day 1: 7:30am late registration/check in
8:00 part 1 morning.
Basic Skills and testing
40 yard sprint
pro shuttle
bag hops
cone star drill
part 2 morning
individual off/def drills
11:45 lunch

Day 2: 8:00am Punt, pass, and kick
testing
Individual off/def drills
11:45 Lunch

Day 3: 8:00am Part 1 individual drill
Part 2 Team Concepts
11:45 Lunch

Day 4: 8:00am Part 1 obstacle course
Part 2 team drills
Part 3 flag games / tourney
11:45 Lunch / award ceremony



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Name of camp participant
#1 _____ Age _____

Shirt size _____

Parent name _____

#2 _____ Age _____

Shirt size _____

Street Address _____

City _____ Zip _____ Phone _____

Parents work phone _____

Previous football experience _____

Health Insurance company _____

Policy# _____

**Please make checks payable to:
BURBANK VIKINGS**

After July 9th CASH ONLY

Please drop off or mail payments

**1920 W Clark, Burbank
California 91506**

of camp participants _____

X \$100.00 = \$ _____

siblings _____ 1/2 price

X \$50.00 = \$ _____

After July 9th cash only, no shirt guaranteed

TOTAL = \$ _____

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